

Rehana Webster's

## Trauma Buster Technique™

The Next Generation Treatment for Psychological Trauma

### 3 Day Trauma Buster Technique (TBT) Certification Workshop

# Trauma Buster Technique Developed by Rehana Webster EFT Master, NLP Master, BSc

TBT is a comprehensive mind-body energy psychology technique. TBT combines aspects of EFT (Emotional Freedom Techniques) tapping and NLP processes.

Focusing on specific traumatizing events, happenings and experiences bring the best results.

### TBT eliminates post traumatic stress symptoms, such as:

- Flashbacks
- . Hyper-vigilance
- Disassociation

Trauma symptoms can be recent or past, simple or complex.

TBT neutralizes symptoms that are experienced by the sufferer quickly and painlessly.

TBT is used with groups of people, individuals or for self-help.

TBT is not dependent on language skills, literacy, IQ, gender, culture or religious beliefs.

### TBT has been used with great success on effects of:

- Bomb blasts
- House invasions
- Physical assaults
- Car accidents
- Rape and sexual assaults
- Drug addictions

## 3-Day Certification Workshop Includes:

#### 2 full Workshop days:

You get practical, hands-on work using TBT. For these two days, you receive the Attendance Certificate.

#### 1 day Certification Day:

By demonstrating your working skill level using TBT, you receive the TBT Practitioner Certificate.

LOCATION:	
DATES:	
ΓΙΜΕS:	
CONTACT: _	

**REGISTER NOW:** 

#### **Trauma Buster Technique**

**Developed by Rehana Webster** EFT Master, NLP Master, BSc

The nervous system is influenced by the stress hormone, cortisol, which creates a state of flight, fight or freeze.

The memory of the event creating this state has to be uncoupled from the body system to eliminate emotional charge and the trauma symptoms.

While we cannot change the actual experience, we *are* able to change how you and your the body respond to memory of the experience.

**TBT alleviates** symptoms related to drug addiction, phobias, violent events and other chronic conditions possibly connected with trauma.

## Do you or someone you know experience these symptoms?

- Flashbacks
- Hyper-vigilance
- Disassociation

How much better would your life be if you were free of all that?

**Register now HERE:** 

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